
Connecting threads between 3D and dream-reality?

Posted by Andreas - 2007/10/27 19:23

Hey guys,

I am wondering about several things here. When we look at our dreams they often seem bizarr and confusing. But this is just the surface - it seems. Behind the pictures and the changing plots seems to be a consistent story. The pictures are symbols for this story and have probably a strong connection with our 3D life as well. They could be either hints for what is to come or things that happened in the past - like a trauma that we didn't manage to overcome consciously.

Now, the 3D world seems to work similarly. We've got the pictures, but the story behind the pictures runs the show (that might be Karma, or in other words: our belief systems).

Seeing both worlds - dream and 3D world - it seems as if the dream world has a higher vibration, things that we experience can change much more quickly in all kind of directions. In the 3D reality things don't seem to change that quickly and abrupt, I would describe it as a lower, denser vibration.

If that is the case, how are both worlds interconnected? Is the dream realm effecting us as well when we are experiencing the 3D world?

There seems to be some kind of connection, though I can't put my finger on it yet. Maybe both worlds are the same, our consciousness just switches into a denser vibration when we wake up every morning...??

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Re:Connecting threads between 3D and dream-reality?

Posted by Andreas - 2007/10/28 12:18

...another part of the puzzle, recognized by Buddhism ;):

the observing mind that perceived 3D and dream reality is always the same - so the eye/I/observer doesn't change when consciousness shifts between the realms. That is quite remarkable to realize, because it means that the I is changing the environment for experience. The surrounding changes.

Also, a personal note: shortly after waking up I always wonder why it would be of importance to write the recent dream down (still in my mind), as it doesn't seem to be any special at all. It is just a story. But pretty much always it emerges a deeper meaning when having a closer look at the dream with the 3D state of conscious.

The remarkable thing here is that -while still being in dream-realm- the dream is a a closed story in itself. Bringing the story of the dream over into the 3D realm it actually connects into 3D situations in one's life.

It would be pretty interesting to do it the other way around - to consciously bring 3D information into the dream realm. Gee, that means becoming lucid within the dream AND remembering one's 3D reality AND connect 3D situations with what is going on the dream AND not causing oneself to wake up at the same time. ...interesting, this seems far more difficult than the ordinary way - waking up and remember the dream. This could mean that our consciousness is driven towards denser reality, towards 3D - without our conscious control, it just seems to happen that way. Well, ultimate reality probably says something different.

Have a great day (and dreams ;)) everyone!

Blessings,

Andreas

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